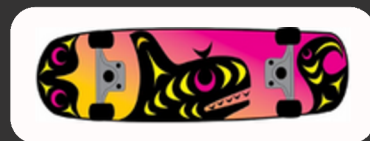


# Cowichan Valley Open Learning Newsletter



**NOVEMBER 2024**

## IMPORTANT DATES

**OCT 28 - NOV 5:**

Provincial Assessments window

**NOV 5 - 11:**

Veterans' Week

**NOV6:**

End of Term 1

**NOV 8:**

Indigenous Veterans Day

**NOV 11:**

Remembrance Day - No School

**NOV 12:**

Photo Day - school gym

**NOV 13:**

PAC Meeting - everyone welcome!

**NOV 15:**

Food Safe is being offered

**NOV 21:**

Barista Level 1 Training

**NOV 22:**

Non Instructional Day - No School



## Meet our NEW...

### Principals

- **CVOLC Principal**  
**Venessa MacDowell**  
Email: [vmacdowell@sd79.bc.ca](mailto:vmacdowell@sd79.bc.ca)
- **CVOLC Satellite sites Principal**  
**Nicole Boucher**  
Email: [nboucher@sd79.bc.ca](mailto:nboucher@sd79.bc.ca)



"Nice to  
meet you!"

### Counsellor

- **CVOLC Counsellor**  
**Cindy Baldwin**  
Email: [cbaldwin@sd79.bc.ca](mailto:cbaldwin@sd79.bc.ca)

### Indigenous Support

- **Earl Jack and Kim Douglas**  
Email: [ejack@sd79.bc.ca](mailto:ejack@sd79.bc.ca) &  
[kdouglas@sd79.bc.ca](mailto:kdouglas@sd79.bc.ca)

## Contact Us

@ [cvolchadsecretary@sd79.bc.ca](mailto:cvolchadsecretary@sd79.bc.ca)

📍 1033 Nagle St, Duncan, BC, V9L 2E3

☎️ 250-746-6052

🌐 [cvol.sd79.bc.ca](http://cvol.sd79.bc.ca)

Every second month each POD is awarded a student of the month for AM & PM. This is in recognition of attendance, hard work and displaying good student/class citizenship!

**Way to go students!**

# Students OF THE MONTH

**JENN & KIM:**

Angel Seal-Jones & Amerie Le Garge

**KELLY, KAY & DARIAN:**

Ginger Daan & Shyla Bendek

**NATE & NEIL:**

Alessia & Anastasia Kemm

**TAH KIM:**

Ward Clemens-Knoll

## WEEKLY EVENTS

### MONDAYS

Rainbow Club 11:30 - 12:00 pm

### TUESDAYS

Dungeons & Dragons 11:30 - 1:00 pm

### WEDNESDAY

School Lunch 11:30 - 12:00 pm

### THURSDAY

Dungeon & Dragons 10:30 - 12:00 pm

Health Nurse 11:00 - 1:00 pm

### FRIDAYS

School mornings & afternoons

## WINTER WEATHER

Winter weather information is posted on the school district website: [sd79.bc.ca](http://sd79.bc.ca).

As well as on our local radio and TV stations.

## OPEN HOUSE 2024

You're Invited!



**CLICK  
HERE**



Save the date!

**Saturday, Nov 2, 2024, Interurban Campus, 11 - 3 pm.**

Explore all that Camosun has to offer!

**Never too early to start  
thinking about Post  
Secondary....**

**Check out what  
Camosun has to offer!**



# INDIGENOUS EDUCATION

## Upcoming in November....

Spear fishing on the Cowichan River!

Students are welcome to get more information from Kim or Earl on dates and times.



### WORK EXPERIENCE (WEX):

Did you know that if your child has a part-time job, they can get credits for it! Students can contact Darian to get things started.

### TRADES/ACADEMICS:

Our District has many trades and academic opportunities for grade 12 students! If your child has a post secondary path in mind, have them contact Darian to see if any **free** opportunities align.

### CERTIFICATE COURSES:

This year Careers is offering, specifically for Open Learning students, a variety of certificate courses. Upcoming in November will be Barista, Level 1 Training and Food Safe. December will be cashier training and more exciting opportunities to come later in the year!

So keep your eyes peeled, there may be something that sparks your interest. If you are interested please let your teacher know. Limited space.

## CVOL PAC

Please consider joining our small but mighty PAC! Or just join us at our monthly meeting to stay up to date. Zoom links will be sent out a few days in advance.

PAC FB page: [PAC for Open Learning](#)  
Email: [openlearningpac@sd79.bc.ca](mailto:openlearningpac@sd79.bc.ca)



13 - 19  
Years

# YOUTH AND FAMILY CONNECTIONS

**Strength-based 14-week  
intervention program for  
struggling at-risk youth and  
their caregivers**



## Goals of Program

- Heal family ruptures
- Practice coping strategies
- Connect with peer groups
- Enhance communication



**November 12th  
to  
February 28th**

### Includes:

**14 one-to-one sessions  
6 group &  
4 family sessions**



Location:

294 Coronation Ave,  
Duncan