



CVOLC Newsletter

WWW.CVOL.SD79.BC.CA

IMPORTANT DATES

Nov 12 & 26
Health Nurse
11 - 1 pm

Nov 7 & 14
Food Safe
9:00 - 4:30 pm

Nov 11
Remembrance
Day
No School

Nov 17 - 21
School Spirit
Week

Nov 24 - 28
Careers Week

Nov 27
2 hr Early
Dismissal

Nov 28
NIDay
No School

LEST WE FORGET



On November 11th please take some time to honour veterans who made the ultimate sacrifice. A Ceremony is held downtown Duncan at the Cenotaph, Charles Hoey Park, 10:50 am.

THINGS TO NOTE...

Careers Week

- Nov 24 - 27, keep your eyes peeled for events

Spirit Week

- Show your school spirit!!
 - Mon 17 - Pajama Day
 - Tues 18 - Flannel Fall Day
 - Wed 19 - Movie Character Day
 - Thur 20 - Throwback Thursday
 - Fri 21 - Crazy Hair Day



SCHOOL CLUBS

Dungeon & Dragons: Tuesdays & Fridays, 10:30 - 12:00 pm

Rainbow Club: Mondays, 11:30 - 12:00 pm

Writers Guild: Mondays, 10:30 - 11:30 pm

Tea Time: Thursdays, 10 am

STUDENT OF THE MONTH

Every month each teacher is eligible to nominate a deserving student for title of **'Student of the Month'**

This is in recognition of good attendance, hard work and displaying great student/class citizenship!

Way to go to September students!!

Keep up the good work!

Kim H - Calem Lander

Neil - Kierra Lebreton

Nate - Alessia Kemm

Jenn - Andrew Wyse

Darian - Avery Newman

Kim D - Deacon St John

Tara/Amanda - Sabrina Newton

CONGRATULATIONS



WEX (Work Experience)

Did you know your job can get you high school credits!! If you have a regular job ask our Careers teacher, Darian, about what you need to qualify.

Dual Credit applications for next year have already started!!

If you have questions about what they offer or just want more information about what Dual Credit is then reach out to Darian...your teacher can help connect you.

Opportunities such as: Academics, welding, hairdressing, carpentry, mechanics...and more!!!



Open House 2025 - Sat, Nov 8th, 11 - 2 pm

Check out all that Camosun has to offer! Event is held at the Interurban campus

FOOD SAFE

Great to add to your resume!!

Two separate sessions of Food Safe are being held in November! Choose at date that works for you.

Friday, Nov 7
or
Fri, Nov 14
9 - 4:30 pm

Lunch is provided. Sign up with Val, our upstairs SSW.

WINTER WEATHER

Winter is coming....

Winter weather information is posted on the school district website: sd79.bc.ca

As well as on our local radio and TV stations.

POETRY in VOICE

Interested in poetry.... check out this [website](#).

It has tips, contests and more.

NOVEMBER IS...

LGBTQ+

TRANS AWARENESS MONTH

Trans
AWARENESS
MONTH

A celebration and recognition of transgender communities and people. Trans Awareness Month also includes Transgender Day of Remembrance (Nov 20), honoring the memory of the transgender people whose lives were lost in acts of anti-trans violence

Our distributed learning sister school, The Grove, has chosen the theme of '**Connection to the Land**'. They encourage participants to draw inspiration from the school's focus on Earth and Land and the many ways we are rooted in the world around us—through ancestral ties, our love of nature, and traditions of stewardship here and across the globe. As the students themselves explain:

"We hope this theme encourages exploration of the many ways we connect to the earth beneath our feet".



Consider creating something to showcase in the exhibit! **Show dates: March 5 - 31, 2026**

- **Registration opens:** Jan 14, 2026
- **Registration Deadline:** Feb 25, 2026
- **Art Drop-off:** March 3, between 1 and 4 pm
- **Art pick up:** March 31, between 12 and 3:30 pm

WHAT WE'VE BEEN UP TO...



SPOOKY HALLOWEEN WREATHS



HAPPY
HALLOWEEN

COWICHAN TRIBES RELEASES....

A NEW WEBSITE "LEARNING COWICHAN"

LEARN COWICHAN

Providing resources to support the learning of Hul'q'umi'num' for community members.

Introducing a new online resource to help learn basic Hul'q'umi'num'!

The website includes: videos, pictures, pronunciations, worksheets, book downloads, teacher's guide, and more!



<https://learncowichan.ca>



Scan for website



The Learn Cowichan website was developed in partnership with the First People's Cultural Council. We could not have done this work without our funders!



**AND OFFERS....
TUTORING
FOR STUDENTS!!**

QUW'UTSUN SYUW'ENTST LELUM' TUTORING PROGRAM



**NEED SOME HELP WITH
YOUR SCHOOL WORK?**



JOIN US IN THE TUTOR PROGRAM!

WHO: COWICHAN STUDENTS IN GRADES 6-12

WHEN: DROP IN TUESDAY & THURSDAY 3:30-5:30 PM

WHERE: YUTHUY'THUT SCHOOL - 5594 RIVER ROAD

For Registration Information Contact Brad:

Email: Brad.Toporowski@cowichantribes.com

Phone: (250) 746-7170

ACTIVE WEDNESDAYS

Ages
13-18

Join us for
fun games
& activities!

Starting Mid-October 3:30 - 5:00 pm



COWICHAN
VALLEY
YOUTH
SERVICES

With **Alexis Cronk**
from the
**Canadian Women's
Rowing Team!!!**



Did You

Know?

Attendance

Good attendance helps students develop reading and Math skills, strong study habits, and healthy relationships.

Students feel more successful when they maintain daily routines and join in on meaningful school activities, like class discussions, athletics, and clubs.



COWICHAN VALLEY
School District



Did You

Know?

Attendance

Much of a teacher's assessment comes from classroom observations, discussions, and activities.

Regular attendance ensures academic success!